



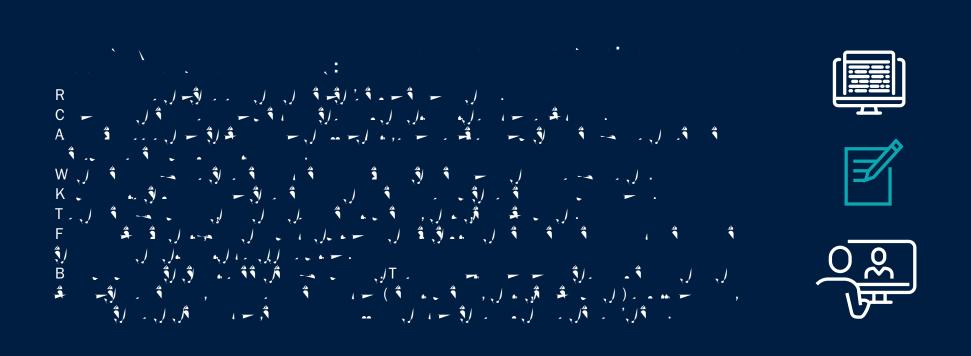


The use of telehealth — also called virtual health services — is growing in popularity. Whether a telehealth visit takes place over the telephone or by video conference, telehealth is changing the way you can reach your doctor and other healthcare providers.

Telehealth has many benefits. It saves travel time and transportation costs, increases access to specialists and for second opinions, and can take place almost anywhere you can have a private conversation — either in the comfort of your home or a safe place.









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